



Jan. 3 - Jan. 27, 2012

AEC Food Services school lunch program...

Menu

Daily Option

CHEESE PIZZA ~ accompanied by baby carrots and fruit

Tuesday, January 3

HOT DOG (TURKEY OR VEGGIE) ~ accompanied by organic tortilla chips, edamame and fruit

Wednesday, January 4

MACARONI AND CHEESE ~ accompanied by cut cucumber and fruit

Thursday, January 5

ROASTED CHICKEN DRUMSTICKS OR SAUTEED LENTILS ~ accompanied by brown rice, salad and fruit

Friday, January 6

CHEESE PIZZA ~ accompanied by baby carrots and fruit

Tuesday, January 10

BURGER (BEEF OR VEGETABLE PATTY) ~ accompanied by organic tortilla chips and fruit

Wednesday, January 11

PASTA (MEAT OR MARINARA SAUCE) ~ prepared with whole wheat penne pasta accompanied by salad and fruit

Thursday, January 12

QUESADILLA (CHICKEN OR CHEESE) ~ prepared on honey wheat tortilla accompanied by house made salsa, cucumber and fruit

Friday, January 13

CHEESE PIZZA ~ accompanied by baby carrots and fruit

Tuesday, January 17

BURRITO (CHICKEN AND BEAN OR BEAN AND CHEESE) ~ wrapped in a honey wheat tortilla, served with organic tortilla chips, house made salsa and fruit

Wednesday, January 18

MACARONI AND CHEESE ~ accompanied by cut cucumber and fruit

Thursday, January 19

BBQ CHICKEN WINGS OR BBQ VEG. CHICKEN DIPPERS ~ accompanied by roasted potatoes, cucumber and fruit

Friday, January 20

CHEESE PIZZA ~ accompanied by baby carrots and fruit

Tuesday, January 24

BURGER (BEEF OR VEGETABLE PATTY) ~ accompanied by organic tortilla chips and fruit

Wednesday, January 25

LASAGNA (MEAT OR MARINARA SAUCE) ~ accompanied by salad and beverage fruit

Thursday, January 26

ROASTED CHICKEN DRUMSTICKS OR SAUTEED LENTILS ~ accompanied by brown rice, salad and fruit

Friday, January 27

CHEESE PIZZA ~ accompanied by baby carrots and fruit

***Beverages - All orders come with a beverage. Keeping with our healthy living principle, our beverages will be various natural flavored waters.**

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